

Our Mission:

To provide skills for parents, special educators, counselors, psychologists, juvenile justice staff, child care workers and others who live and work with challenging children and youth to enable them to prevent and resolve crises, to build good relationships with challenging youth, and to help them learn to change repetitive patterns of self-defeating behavior.

How Does LSCI Help?

LSCI teaches adults specific strategies they will need to help children during stressful moments, as well as the awareness and skills to understand and manage their own feelings when faced with challenging behaviors. LSCI believes that the process of helping involves having the ability to listen deeply to the personal stories of children and youth and to recognize that their message often is not in their words but in their underlying thoughts and feelings. The real strength of the LSCI program is its emphasis on teaching, and practicing specific interviewing techniques to help adults and kids debrief a problem situation or critical event.

LSCI

LSCI

INSTITUTE

The Life Space Crisis Intervention Institute

Hagerstown, MD
www.lsci.org

For additional information
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Skills for Parents

Effectively manage family conflicts and use crisis as an opportunity to form more positive relationships

www.lsci.org



LSCI Skills for Parents

Life Space Crisis Intervention (LSCI) is a set of skills that helps adults turn crisis situations into learning opportunities for kids with chronic patterns of self-defeating behaviors. LSCI views problems or stressful incidents as opportunities for learning, growth, insight, and change.

The LSCI Institute offers training to meet the unique needs and challenges of parents and caregivers. The LSCI Skills for Parents trainings:

- Provide parents with specific skills for building positive relationships with kids
- Encourage the use of preventative and non-physical crisis de-escalation strategies
- Provide a framework for verbal crisis intervention that is consistent from situation to situation

*All kids say things or do things
that take us by surprise;
we freeze up and don't know
how to respond.*

The LSCI Skills for Parents training provides a road map that teaches parents specific skills for crisis prevention and de-escalation and gives families tools for building healthier relationships, based on trust, which leads to real, lasting changes in perceptions, feelings, and behavior.



Where is LSCI Training Held?

The LSCI Institute has over 35 International Training Sites across the United States, Canada, and Europe. To find an LSCI Skills for Parents training in your area, please visit the International Training Sites link at www.lsci.org.

LSCI At Your Doorstep

LSCI training can be delivered at your organization, on your schedule. To arrange a training for your group of 10+, please email swhitson@lsci.org.

Purchase the LSCI Skills for Parents curriculum

Find out more about how to purchase the LSCI Skills for Parents curriculum for your organization. Email swhitson@lsci.org today!

LSCI Skills for Parents 2-Part Curriculum

Part One:

Conflict Prevention & De-Escalation

presents foundational LSCI concepts such as the Conflict Cycle™, effective listening, crisis de-escalation, and “Timeline” skills through engaging activities and discussions that are relevant and accessible to parents and caregivers. Part 1 can be taught as a 1-day course or as a series of hour-long workshops.

Part Two:

Managing Challenging Behaviors

identifies the six most common, chronic self-defeating patterns of behavior in kids and provides parents with a consistent 4-step process that helps families effectively address and modify each one. Part 2 of the curriculum is designed as an 8-session program, with one session dedicated to each of the six self-defeating patterns, along with an Introduction and Conclusion session.

